

| Saline Infusion Sonography (SIS) and HyCoSy

Patient Information Leaflet

What is a SIS?

A SIS (Saline Infusion Sonography) is a specialised ultrasound procedure used to examine the inside of the uterus. A small amount of sterile saline is gently introduced into the uterine cavity through a thin, soft catheter. This expands the cavity and creates contrast, allowing the ultrasound to produce a much clearer and more detailed image than a standard pelvic ultrasound alone.

⇒ SIS is used to identify conditions that may be affecting fertility, causing abnormal bleeding, or contributing to recurrent miscarriage. It can detect abnormalities such as:

- **Endometrial polyps**
- **Fibroids**
- **Uterine scar tissue (adhesions)**
- **Uterine septum or other structural abnormalities**

The HyCoSy version of the test also assesses whether the fallopian tubes are open (patent), which is an important factor in natural conception.

Types of SIS

There are two types of SIS performed at ReproMed:

- **HyCoSy — (aka. Tubal SIS)** : Examines both the womb cavity and the fallopian tubes. A foam solution is used to assess whether the tubes are open (patent). This is the appropriate test if your doctor needs to check tubal function as well as the uterine cavity.
- **SIS — (aka. Non-Tubal SIS)** : Examines the womb cavity only, using a saline solution. This is recommended when the tubes do not need to be assessed.

⇒ Your doctor will advise you which type of SIS you require.

When Can a SIS / HyCoSy be Performed?

- A SIS can be performed from day 6 to day 12 of your menstrual cycle. Your period must have completely stopped before the procedure can take place. The procedure is timed to occur after your period has finished but before ovulation.

It is important that you do not have unprotected intercourse during your cycle before the SIS / HyCoSy is performed.

How is a SIS / HyCoSy Performed?

- The procedure takes between 15 and 25 minutes depending on the difficulty. Most patients find it well tolerated. Paracetamol is provided before the procedure to help with any discomfort. Most SIS procedures cause only mild discomfort, similar to a smear test.
SIS / HyCosy can be booked in our Galway and Dublin clinics only

Please do not wear perfume or scented products to your appointment as the procedure is performed in a clinical theatre environment.

After the Procedure

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- An antibiotic is provided to help prevent infection. Please take it as directed.
 - Normal activities can be resumed the day after the procedure.
 - A follow-up appointment will be arranged with your doctor to discuss the findings.

Costs

HyCoSy (Tubal SIS)

€420

SIS (Non-Tubal)

€350

Please note: prices are subject to confirmation at the time of booking.



Health Insurance

- ➞ Please be aware that the SIS / HyCoSy procedure completed with ReproMed is not covered by private health insurance, as ReproMed is not a hospital and procedure codes are not applicable.

Contact Us

- ➞ If you have any questions before or after your procedure, our team is happy to help.

Phone: 0818 222 404

Email: info@repromed.ie

Monday – Friday, 8am – 5pm

Dublin | Galway