

Donor Counselling at ReproMed

Patient Information

We are pleased to offer counselling services as part of your care. This leaflet explains how counselling works at ReproMed, how payments are managed, and what you need to do before commencing treatment.

What is Counselling?

ReproMed will coordinate and organise the medical and clinical aspects of your fertility treatment, while counsellors will support you with the psychological side. Donor counselling is a mandatory requirement for all patients using donor gametes and must be completed before your treatment. During these sessions, the counsellor will explain the relevant donor legislation, discuss the implications for the child, and help you process the emotional aspects of using donor gametes as part of your fertility journey.

Your First Session – Payment

Your first counselling session is paid directly to ReproMed at a cost of €120. This is a requirement for all patients commencing treatment with us.

Please note: The full €120 is passed directly to your counsellor in full. ReproMed does not retain any portion of this payment.

Subsequent Sessions – Payment

Some patients may benefit from further counselling sessions beyond the first. If you and your counsellor feel additional sessions would be helpful, these are arranged and paid for directly with your counsellor. ReproMed is not involved in payment for any sessions after the first.

Please note: Do not pay the clinic for any sessions after your first. All further payments are made directly to your counsellor.

VHI Health Insurance

If you hold VHI health insurance, you may be entitled to a benefit towards the cost of your counselling sessions:

- 1 As ReproMed holds VHI accreditation, the cost of your first session can be discounted at source by ReproMed at the time of payment.
- 2 For all subsequent sessions paid directly to your counsellor, you will need to contact VHI directly to submit a claim.
- 3 ReproMed is not responsible for VHI claim submissions for subsequent sessions.

VHI queries: Please contact VHI directly on their member helpline to confirm your entitlements and how to submit a claim for subsequent sessions.

Counselling Letter – Required Before Treatment

Before you can commence treatment at ReproMed, you are required to provide us with a letter from your counsellor. This letter confirms that your session took place and that the relevant implications were discussed with you. Here is what to do:

- Your counsellor will issue the letter to you following your session.
- Once you have received the letter, please submit it to ReproMed before your treatment begins.

Please note: ReproMed will not request this letter from your counsellor directly. It is your responsibility to collect the letter and submit it to us. Treatment cannot commence until it has been received.

Our Fertility Counsellors

ReproMed is affiliated with two Fertility Counsellors. Please contact them directly to book your appointment.

Natasha O'Sullivan

Based in Dublin – Onsite and zoom appointments available

 fertilitycounsellingdublin@gmail.com

 086 881 2550

Pauline Whyte

Based in Galway – Onsite and zoom appointments available

 paulinewhyte96@gmail.com

 087 226 7997

Quick Reference

Topic	What to do
First session payment (€120)	Pay on ReproMed patient portal
Subsequent session payments	Pay your counsellor directly
VHI – first session	Discount applied at source by ReproMed
VHI – subsequent sessions	Contact VHI directly to submit your claim
Counselling letter / report	Collect from your counsellor and submit to ReproMed

Questions?

If you have any questions at any point, please do not hesitate to contact our Fertility Care Coordination team who will be happy to help.